

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3A.1

Strand: Prayer and Spirituality

Strand	Benchmark Statement
Prayer and Spirituality	Develop a positive, Catholic spirituality.

Performance Indicators
<ol style="list-style-type: none"> 1. Understand that faith is saying yes to God. 2. Know that Catholics discover God through the Church and the sacraments. 3. Recognize that Mary and the Saints said yes to God. 4. Know that God calls us to share our gifts and talents.

Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3A.2

Strand: Prayer and Spirituality

Strand	Benchmark Statement
Prayer and Spirituality	Understand the meaning and importance of prayer in the Christian life.

Performance Indicators
<ol style="list-style-type: none"> 1. Help plan a communal prayer service for the classroom or school. 2. Write a personal prayer. 3. Experience a variety of prayer styles. 4. Use the Bible to pray.

Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3A.3

Strand: Prayer and Spirituality

Strand	Benchmark Statement
Prayer and Spirituality	Be familiar with Catholic tradition of prayer.

Performance Indicators

1. Describe how Catholics honor and pray through Mary and the Saints.
2. Describe the Stations of the Cross.
3. Talk about the meaning of the Lord’s Prayer.
4. Understand the meaning of blessings.
5. Recite the Apostle’s Creed.

Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3B.1

Strand: Liturgy/Sacrament

Strand	Benchmark Statement
Liturgy/Sacrament	Celebrate the sacraments with understanding and awareness.

Performance Indicators
<ol style="list-style-type: none"> 1. Know the Seven Sacraments. 2. Understand that sacraments make God present to us. 3. Talk about the meaning of sacrament. 4. Tell how Baptism is a celebration of our commitment to Christ. 5. Describe how Baptism forgives sin and brings new life.

Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3B.2

Strand: Liturgy/Sacrament

Strand	Benchmark Statement
Liturgy/Sacrament	Become more deeply aware of the meaning of the Eucharist.

Performance Indicators
<ol style="list-style-type: none"> 1. Be aware of the Order of the Mass. 2. Tell why Jesus calls Himself the Bread of Life. 3. Be aware that the Eucharist feeds us spiritually.

Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3B.3

Strand: Liturgy/Sacrament

Strand	Benchmark Statement
Liturgy/Sacrament	Understand liturgy and the liturgical year as central to the Church’s life of worship.

Performance Indicators
<ol style="list-style-type: none"> 1. Recognize that different seasons of the liturgical year are represented by different colors. 2. Take a leadership role in a liturgy. 3. Be aware that there are many kinds of liturgies.

Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3C.1

Strand: Morality and the Christian Life

Strand	Benchmark Statement
Morality and the Christian Life	Understand the nature and scope of Catholic morality.

Performance Indicators		
1. Tell how the beatitudes help us know how to live as Christians. 2. Describe virtue as a habit of doing good. 3. List the three Theological Virtues (Faith, Hope and Charity). 4. Describe how Jesus’ two great commandments apply to life. 5. Talk about how feelings don’t always help us know right from wrong. 6. Be aware that we are responsible for our actions.		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3C.2

Strand: Morality and the Christian Life

Strand	Benchmark Statement
Morality and the Christian Life	Understand that Scripture is the basis for Catholic morality.

Performance Indicators
<ol style="list-style-type: none"> 1. Know that the Bible helps us understand how Jesus wants us to live. 2. Read stories in the Old Testament that describe how the people sinned against God. 3. Be aware that the actions of Jesus show us how to be disciples.

Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 3
 Section/Heading: 3C.3

Strand: Morality and the Christian Life

Diocesan Standard	Benchmark Statement
Morality and the Christian Life	Learn to make good moral decisions.

Performance Indicators		
1. Talk about how Christians are called to a life of virtue. 2. Describe how our actions affect other people. 3. Make decisions based on the teachings of the Catholic Church. 4. Talk about how other people affect our decisions.		

Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3C.4

Strand: Morality and the Christian Life

Strand	Benchmark Statement
Morality and the Christian Life	Understand and apply the moral principles of love and social justice.

Performance Indicators		
<ol style="list-style-type: none"> 1. Tell why Jesus wants Christians to provide service to others. 2. Explain what respect for life means. 3. Describe how Christians can express their respect for creation. 4. Give examples of how Christians can be peacemakers. 5. Plan a service project with the class. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 3
 Section/Heading: 3C.5

Strand: Morality and the Christian Life

Diocesan Standard	Benchmark Statement	
Morality and the Christian Life	Demonstrate a deep appreciation of and respect for God’s gift of life.	
Performance Indicators		
1. Understand that God calls us to work to protect life. 2. Appreciate that human persons are made in God’s image.		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3D.1

Strand: Scripture/Revelation

Strand	Benchmark Statement
Scripture/Revelation	Become familiar with how to use and understand the Bible.

Performance Indicators
<ol style="list-style-type: none"> 1. Know that the readings at Sunday Mass are taken from the Bible. 2. Understand the Bible is divided into books, chapters, and verses. 3. Be able to find a book in the Bible.

Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3D.2

Strand: Scripture/Revelation

Strand	Benchmark Statement
Scripture/Revelation	Understand and appreciate the Old Testament.

Performance Indicators
<ol style="list-style-type: none"> 1. Tell how the Hebrew people in the Old Testament were God’s chosen people. 2. Describe how God rescued the Hebrews from Egypt. 3. Name some of the important people of the Old Testament.

Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3D.3

Strand: Scripture/Revelation

Strand	Benchmark Statement
Scripture/Revelation	Understand and appreciate the New Testament.

Performance Indicators

1. Retell the main events of Jesus' life.
2. Be aware that St. Paul wrote letters.
3. Name the four Gospels in the New Testament.

Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 3
 Section/Heading: 3D.4

Strand: Scripture/Revelation

Diocesan Standard	Benchmark Statement	
Scripture/Revelation	Know the story of Jesus, his ministry and teaching, as told in the four Gospels.	
Performance Indicators		
<ol style="list-style-type: none"> 1. Know that Jesus performed many miracles. 2. Be aware that Jesus told stories called parables. 3. Tell why Jesus called himself the Good Shepherd. 		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 3
 Section/Heading: 3E.1

Strand: Doctrine/Tradition

Diocesan Standard	Benchmark Statement
Doctrine/Tradition	Understand the foundations of Catholic faith and doctrine

Performance Indicators
<ol style="list-style-type: none"> 1. Understand that the Nicene Creed is a list of Catholic beliefs. 2. Know that faith is a relationship with God. 3. Understand that God’s grace is the free gift of his love. 4. Know that God has revealed his love for us through Jesus. 5. Talk about how we can know God through our experience.

Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3E.2

Strand: Doctrine/Tradition

Strand	Benchmark Statement
Doctrine/Tradition	Articulate Catholic teachings on Trinity and the nature and work of the three persons in one God.

Performance Indicators		
<ol style="list-style-type: none"> 1. Explain how grace is the gift of God’s life and love. 2. Name several images or ways to picture God. 3. Identify God as a Trinity of three divine persons in one God. 4. Describe Jesus as God’s Son, the second person of the Trinity. 5. Explain that Jesus is God and yet really human. 6. Tell that Jesus died for our sins and rose from the dead. 7. Describe the Holy Spirit as the third person of the Trinity. 8. Describe the Holy Spirit as God’s presence in our lives. 		
Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3E.3

Strand: Doctrine/Tradition

Strand	Benchmark Statement
Doctrine/Tradition	Become aware of basic Catholic beliefs about Mary and the Saints.

Performance Indicators

1. Tell a story about Mary from Scripture.
2. Talk about why we say Mary is the Mother of God
3. Compare the life of a saint to your own life experiences.

Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3E.4

Strand: Doctrine/Tradition

Strand	Benchmark Statement
Doctrine/Tradition	Know the Catholic Church’s teaching on salvation and the afterlife.

Performance Indicators
<ol style="list-style-type: none"> 1. Describe how making good choices in this life will help us get to heaven. 2. Be aware that after people die they meet God face to face.

Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3F.1

Strand: Family Life/Human Sexuality

Strand	Benchmark Statement
Family Life/Human Sexuality	Understand Catholic values and teaching regarding human sexuality.

Performance Indicators
<ol style="list-style-type: none"> 1. Describe how love is expressed through actions, feelings and thoughts. 2. Talk about how the birth of a baby is a wonderful miracle. 3. Recognize that human sexuality is a gift from God. 4. Describe some of the differences between males and females.

Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area Religious Education
 Grade Range: 3
 Section/Heading: 3F.2

Strand: Family Life/Human Sexuality

Strand	Benchmark Statement
Family Life/Human Sexuality	Describe the nature and role of family in Christian living and the life of the Church.

Performance Indicators		
1. Talk about the situations that cause conflict among family and friends. 2. Explain how being a member of a family involves a commitment to work together.		
Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 3
 Section/Heading: 3G.1

Strand: Church/Church History

Strand	Benchmark Statement
Church/Church History	Demonstrate a basic understanding of the Catholic Church, its meaning, identity and mission.

Performance Indicators		
1. Talk about how the bishop is the leader of the diocese. 2. Understand that the diocese is part of the worldwide Catholic Church. 3. Be aware that the pope is the leader of the Catholic Church throughout the world. 4. Appreciate that the Roman Catholic Church is different from other Christian Churches. 5. Explain the role of the pope in the Church. 6. Talk about how the pope is the representative of Christ. 7. Talk about how the Church is a community.		
Suggested Activities	Assessment	Resources

Diocese of Jefferson City Curriculum Guide

Content Area: Religious Education
 Grade Range: 3
 Section/Heading: 3G.2

Strand: Church/Church History

Strand	Benchmark Statement
Church/Church History	Become aware of important people and events in the history of the Catholic Church.

Performance Indicators		
1. Describe how the Holy Spirit came to the apostles at Pentecost. 2. Be aware that bishops are successors to the apostles. 3. Tell the story of some important saints of the Catholic Church.		
Suggested Activities	Assessment	Resources